

# CYCLE JOURNEY GRANADA E-bike Tour



Discover some truly epic landscapes while riding your bicycle through the province of Granada

#### BIKE TOUR GRANADA STANDS OUT FOR

- ♣ Professional guides with years of expertise and local knowledge with a personal connection to the region.
- ♣ Small group travel allows people to feel freedom, to go at their own pace, get to know their travel companies, and also benefit from their leader's knowledge.
- ♣ Personalized attention. Any tour can be modified to meet the interest and preferences of the customer. A tailor-made tour: A tour fully personalized to meet your interest and preferences. We create and organize a Personalized Tour ideal when traveling as a family, a group of friends, or on an incentive trip. You determine the duration of the trip, destination preferences, type of accommodations, difficulty level, or a range of activities, with full flexibility to travel at your own pace.
- ♣ Accommodation. Our selection includes hotels in rural areas surrounded by nature to discover the special features in the middle of their unique scenery.
- 🖶 Travel guidance in different languages.
- ♣ Culture and Nature Experience. Get to know the traditions, the local cuisine, the people, and the history, and explore the landscapes with your own eyes.
- ♣ Sustainable travel. The tours are designed with the idea of being more conscious of how we travel. We seek to minimize negative impacts on the environment and aim to have a positive social impact on local communities and economies.

# CYCLE JOURNEY GRANADA

♣ E-bike Tour
♣ Supported & guided cycle holiday
♣ Nature and culture were our role models to design the tour
♣ An excellent way to stay active on your holiday
♣ Experience different regions in an exciting and environmentally friendly way
♣ The opportunity to stop when and where you want to explore differently

The province of Granada has so much to offer, from the mythical city that witnessed the fall of the last king of Moorish Al-Andalus to untouched natural areas. The land that charmed romantic travelers still captivates anybody who visits it. The Cycling Journey goes from north to south along epic, ever-changing landscapes from a vast high plateau to desert landscapes, high mountains with traditional villages, and the tropical - Mediterranean coast towards the city of Granada.

The Tour is designed to have time enough to immerse yourself in a country's culture. As you travel from one hotel to another; there's no need to worry about your luggage, which is brought to your hotel, ready to welcome you upon arrival.

Suitable for anyone who likes an active way of traveling and has a normal physical condition and health.

#### CYCLING INFORMATION

Daily distances.

Track 1. Sagra Mountain Range - Lake Negratin

Distance: 84 km

Accumulated ascent: 925 m Accumulated descent: 1.500 m

Difficulty: LEVEL 2

Track 2. La Calahorra - Alicún de las Torres

Distance: 64 km

Accumulated ascent: 480 m Accumulated descent: 900 m

Difficulty: LEVEL 2

Track 3. Puerto de la Ragua - Cádiar

Distance: 49,5 km

Accumulated ascent: 855 m Accumulated descent: 2.030 m

Difficulty: LEVEL 2

Track 4. Cádiar - Capileira

Distance: 49 km

Accumulated ascent: 1080 Accumulated descent: 950

Difficulty: LEVEL 2

Track 5. Nigüelas - Salobreña

Distance: 50 km

Accumulated ascent: 450 m Accumulated descent: 1.360 m

Difficulty: LEVEL 1+

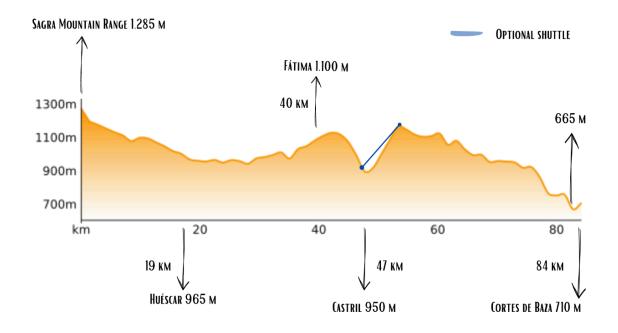
Total.

Distance: 296,5 km

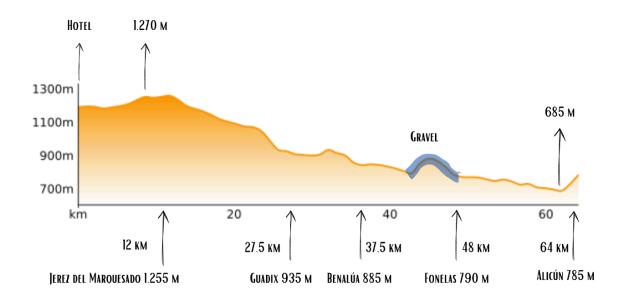
Accumulated ascent: 3.790 m Accumulated descent: 6.740 m Difficulty: Moderate LEVEL 2

Terrain: 95 % paved road / 5 % gravel

### **ELEVATION PROFILE**

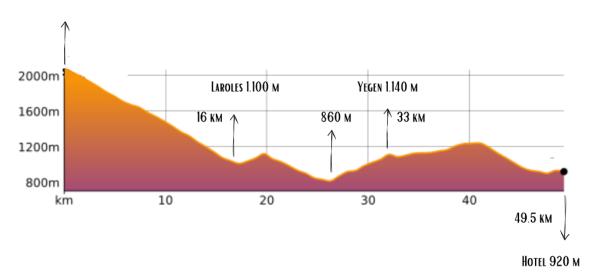


#### TRACK 1

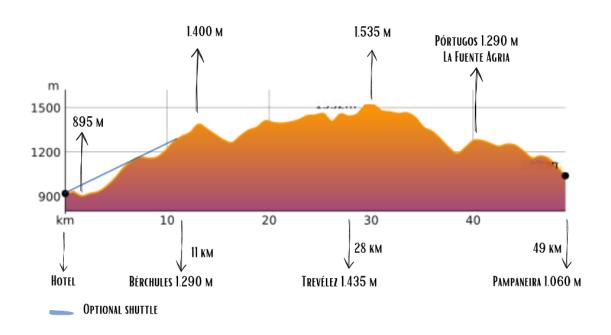


TRACK 2

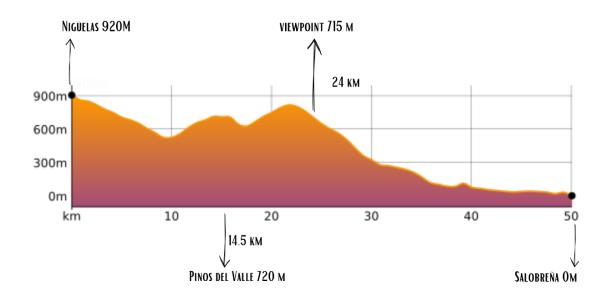
#### PUERTO DE LA RAGUA 2.090 M



### TRACK 3



TRACK 4



# TRACK 5



#### **ITINERARY**

#### DAY 1 – Welcome.

Upon arrival either in Málaga or Granada, our pick-up will drive us to our hotel Los Nogales found in the municipality of Pozo Alcón, a privileged rural village located on the border with the province of Jaen y Granada, inside a protected area: the Sierras de Cazorla, Segura, and Las Villas Biosphere Reserve.

After we arrive at our hotel, there is plenty of time to relax or explore the area.

An introductory briefing about the trip will be given by the tour leader the same day, followed by a safety and bicycle technical briefing. After the briefing, you will have the time to try out your bicycles and make minor adjustments to ensure comfort.

♣ Hotel: Los Nogales. Pozo Alcón.

<a href="https://www.hotelrurallosnogales.com/">https://www.hotelrurallosnogales.com/</a>

♣ Dinner: included

Day 2 – Traverse the High Plateau: a land of contrasts.

Optional transport from the village Castril for those who don't want to climb.

(7.5km & 355 m ascent)

After breakfast, we drive to the northernmost tip of Granada province where we

start the cycle journey surrounded by the breathtaking Sagra Mountain Range,

an isolated peak of 2.383 meters, the highest mountain in Andalusia after the

Sierra Nevada Mountain.

Traversing the Sagra Mountain Range marks the beginning of our journey and

leads us to the first village Húescar. The route continues along cereal fields, olive,

and almond groves, one of the main crops in the Altiplano region together with

livestock, another important part of life in this area. The coming stop is the pretty

village Castril, a must for a visit. This typical Andalusian town with its steep

streets and huddle of whitewashed houses is overlooked by the spectacular Peña

de Castril, a rock that rises 900 m. becomes a viewpoint offering excellent views.

After, we head out for the last portion of today's cycling with the destination the

village Cortes de Baza situated on the north point of the beautiful Negratín lake.

We leave the village by car heading to a hot spring at Negratín lake called "Baños

de Zujar" where we can finish the day with a swim in this natural pool with a

water temperature of 35°. After we drive to our hotel located in La Calahorra, a

small village at the foot of Sierra Nevada. In front of the hotel, one can appreciate

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the beauty of the La Calahorra Castle situated on the hill.

Hotel: Hospedería del Zenete. La Calahorra.

www.hospederiadelzenete.com

Lunch: Picnic

Dinner: Included

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DAY 3 – From the foothills of the Sierra Nevada Mountains to the heart of the Gorafe Desert.

Marquesado de Zenete, a region located in the south of Guadix and has been

throughout history a place marked by mining. The road leads us to the old town

of Guadix showing an important heritage of monuments, with the medieval Arab

Citadel, the Cathedral, and various Mudejar-style buildings. The most

From our hotel, we cycle along the foothills of the Sierra Nevada, called

characteristic feature is that many of the inhabitants of this large town live in

cave houses.

After a break and a stroll through the cave district, we continue toward the village

of Purrullena. From here we begin to cycle through the heart of the desert passing

the isolated towns belonging to the territory of the Granada Geopark declared

UNESCO Global Geopark in 2020.

The cycle ride finishes in Alicún de las Torres, located in a secluded spot in the

midst of nature. Here we see a strange natural formation, a limestone wall formed

over time by the precipitation and sedimentation of the mineral salts of the water

that runs through here, which is now 15 meters high and about 1 kilometer long.

After we continue with the car to the town of Gorafe, which is the location of the

highest concentration of dolmens in Europe; the first examples of architecture

known by mankind.

Before heading to our hotel, we stop at a panoramic view overlooking the arid

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Badlands that surround the village of Gorafe,

Hotel: Tío Tobas, Alcudia de Guadix.

https://www.cuevastiotobas.com/

Lunch: Picnic

Dinner: Included

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DAY 4 – The first route of Las Alpujarras.

A route through "Las Alpujarras": a beautiful region of white mountain villages nestled between the southern slopes of the Sierra Nevada and the Mediterranean Sea.

The Alpujarra is an area where time seems to stand still. It is the last redoubt of the Moriscos from Granada showing the symbiosis between man and the environment reached by the Moorish culture of Al-Andalus.

We start the day by driving to "Puerto de la Ragua", a mountain pass at an elevation of 2.000 meters, located on the boundary of Granada and Almería provinces. The route passes through picturesque villages with stunning views over the valley and its terraced farms. On clear days, it's possible to see the Mediterranean Sea and even Africa.

Along the way, there is time to stop and explore some of the rustic villages having a very distinct architecture as a result of the Berber occupation: flat-roofed, box-shaped white houses with tall round chimneys, clustered along narrow, winding, and steep streets, clinging to the mountains of the Sierra Nevada.

Eventually, we reach our hotel near the village of Cádiar, which is located near the banks of the Guadalfeo River with panoramic views over the mountains.

> Hotel: Alquería de Morayma. Cádiar. http://www.alqueriamorayma.com/

Lunch: Picnic

👃 Dinner: Included

Day 5 – The second route of Las Alpujarras.

A route through "Las Alpujarras": a beautiful region of white mountain villages nestled between the southern slopes of the Sierra Nevada and the Mediterranean Sea.

Optional transport from the hotel to the village Berchules for those who don't want to climb the first ascent in the morning. (11 km & 450 m ascent)

Today we continue the journey in the "Alpujarras" with our first destination the village Trevélez, one of the highest villages in Spain located at 1.480 meters in the Trevélez Gorge. It is well known for ham drying in a traditional way, which has its own Denomination of Origin for its quality and great flavor. Require the geographical surroundings in which it is produced, where climatic conditions such as altitude, temperature, and humidity give the product, unique qualities.

Then continue towards the village Pampaneira, the first of the three villages in the Poquiera Gorge, one of the most beautiful places in the Alpujarra. After enjoying a drink in Pampaneira we take the car to our hotel in Capileira, the highest of the three villages, at 1.435 meters, a truly great experience to stay the night with the breathtaking landscapes of the southern slopes of Sierra Nevada.

♣ Hotel: Finca de los Llanos. Capileira. https://www.hotelfincalosllanos.com/

↓ Lunch: free↓ Dinner: free

Day 6 – From Mountains to Coastline.

A ride through the beautiful Lecrin Valley, a mixture of pine forest

and cultivated land, towards the Tropical Coast of Granada.

We leave the Alpujarras behind and go with our vehicle to the village Nigüelas,

the highest village in the Lecrin region at 930 meters, called: the Balcony of the

Valley.

Our last cycle day takes us through the Lecrin Valley, an area of rolling hills,

ravines, rugged cliffs, and rivers covered with cultivated citrus and orange groves,

almond trees, and olive oil plantations. We make our way around the Béznar

Reservoir, the heart of the valley which is filled by several rivers that flow from

the Sierra Nevada, passing several villages which have kept their Moorish essence

over the centuries.

Let's cycle towards the village Pinos del Valle, which offers a stunning view. We

continue cycling towards the Old Road Granada-Motril where we pass through a

big canyon famous for rock climbing.

The last part is in the direction of Salobreña, a beautiful village that sits atop a

giant rock, capped with an ancient Moorish castle. There is time to visit the old

part of the village, swim or relax at one of the bars. Next, we will head to our final

destination of this journey Granada.

🖶 Hotel: Casa del Capitel Nazarí. Granada.

https://www.hotelcasacapitel.com/

Lunch: Picnic

Dinner: Free

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Day 7 - Explore Granada.

A city with history located at the foot of the Sierra Nevada mountains. The

cultural riches of Granada with influences from the Moors, Catholics, and Jews

make this city in Spain into an important cultural center with Moorish rule

spanning 800 years of occupation.

Granada's role gradually increased within the Moorish realm and eventually

became a kingdom with the stunning Alhambra palace. In 1492, the city was

reconquered by the Catholic kings (Ferdinand and Isabel), due to which the

Moors and Jews had to convert to Catholicism or flee the country. Slowly but

surely, this caused the city to fall into economic and cultural decay for several

centuries.

We start the day with a private guided tour of Alhambra and the gardens of the

Generalife (UNESCO World Heritage Site) where you discover one of the best-

preserved monuments of Islamic architecture in Spain.

The rest of the day you are free to explore more beautiful places and to try the

Granada tapas which are known for serving free tapas with every drink. The tour

guide will organize a place to have dinner together to celebrate the last evening of

the journey.

🖶 Hotel: Casa del Capitel Nazarí. Granada.

https://www.hotelcasacapitel.com/

Lunch: Free

👃 Dinner: Free

WWW.BIKETOURGRANADA.COM

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# Day 8 - Goodbye.

The journey ends after breakfast at our hotel. There will be a private airport transfer from the hotel to the airport in Granada or Málaga.

#### TOUR INFORMATION

## 8 days / 7 nights / 5 cycle days / 1 rest day

You are accompanied by our cycle guide and our backup & support vehicle.

The advantage of the support vehicle.

- ♣ Makes sure that all luggage has been delivered to the next accommodation.
- ♣ Equipped with bicycle spare parts, repair kits, and extra bicycles.
- ♣ Assist you and ensure backup when your bicycle breaks down.
- ♣ Pick up in case of any accident, injury, illness, or you'd like to give your legs a rest.
- First aid kit.
- Provide snacks & drinks.
- Prepare picnics.

The guide will give a detailed briefing on each day's ride and an introduction to the bicycles with continued advice throughout the day and will cycle with the group. The driver as well as the tour leader takes care of day-to-day bike maintenance. In addition, the guide will explain and show interesting facts to get to know the true beauty of Granada; its traditions, cuisine, history, and landscapes.

Throughout the tour, we organize several outdoor picnics with a great variety of local products. The expected arrival at the hotel will be at a respectable hour to allow you to enjoy and appreciate the place. A cycling day takes between 6- and 8 hours including breaks and lunches. On the last day, there is a rest day scheduled to relax and enjoy the city of Granada.

The bicycles are provided with panniers to allow you to carry some basic things, a water bottle, helmet, etc.

#### INCLUDED & NOT INCLUDED

#### INCLUDED:

Liability and rescue insurance

Accommodation: 7 nights

E-bike

Vehicle supported tour

Cycle guide

Luggage transport

Airport Transfer

Breakfast

**Picnics** 

4 dinners

Private guided tour of Alhambra

Cycle tour brochure / GPS-tracks

Helmet

Water bottle & Cycle shirt

#### NOT INCLUDED:

Flight

Travel & assistance insurance / cancel insurance

Dinner: the last 3 days

Extra meals

Extra excursions

Personal expenses

Tips

Extra nights

COMPLEMENTARIES: Private room (7 nights) 300 €

#### **BICYCLES**

We provide high-quality bicycles with pannier bags for carrying luggage, allowing the bike to take the weight rather than your shoulders. When booking, you indicate your height and weight to have the correct frame size of the bicycle at the start of your holiday.

- E-BIKE BERGAMONT.
- ♣ The bicycles are marked with the client's name. On the first day, you will be able to try out your bicycle and make minor adjustments to ensure comfort. Besides the pannier, a helmet, and a water bottle will be given.
- Extra clothing provision which includes sweaters, jackets, gloves, etc.
- ♣ We facilitate fitting your own pedals or saddle if you wish to bring them.
- ♣ We provide spare parts and take care of the day-to-day maintenance.

BERGAMONT E-REVOX SPORT

MODEL: 286776

YEAR: 2022

SIZE: XL / L / M



BERGAMONT E-REVOX 4

MODEL: 286778

YEAR: 2022 SIZE: XS / S



#### DIFFICULTY

#### Difficulty Rating System

We have graded the tours into different levels as a general guideline. The ratings are based on total distance, elevation gain, and terrain. Each level comes with recommendations about how well you should be prepared in order to choose the right cycle tour and have fun. The distance and elevation profile change from day to day. The weather conditions and the altitude are not taken into consideration for the difficulty rating.

Average difficulty Cycle Journey Granada - MODERATE LEVEL 2

Intermediate fitness level and bicycle experience

- **♣** Require a better standard of fitness.
- ♣ Regular exercise and cycling: Work out 1 x or 2 x a week
- ♣ 4 6 h rides with easy climbs to medium climbs
- ♣ Total distance: 50 80 km
- ♣ Elevation gain: Daily height gain between 500 and 1.000 meters

#### Climbing Level / terrain

- Paved road
- ♣ Short sections of hard-packed gravel
- ♣ Gently rolling terrain, hills, and medium climbs
- ♣ Maximum 8 km climbs of up to 350 m accumulated ascent with a 5-6 % average grade

#### Intermediate skill level

- ♣ You are capable of controlling bike speed and direction on paved, and uneven surfaces
- ♣ You can brake and use gears with confidence
- You can cycle on flat hard-packed gravel roads to undulating gravel double track
- ♣ You can cycle between 4 6 h at a relaxed to moderate pace
- ♣ Comfortably on rolling to hilly terrain

¡If you have any concerns about your fitness or ability to complete any of the activities, please get in touch!

#### ACCOMMODATION

The hotels have been carefully selected with great care for their location and their personal character to make your trip a single experience.

The accommodations include breakfast and good service often with a restaurant, bar, garden, and swimming pool. In some hotels, dinner is included.

The hotel room type is a Standard Double Room assigned to two people with two individual beds or one double bed for couples with a private bathroom. Rooms are distributed, in consultation, according to the gender of the travelers. Private rooms can be booked at an additional cost for those who do not wish to be shared with other group members. Due to the limited capacity of the hotels, a single room must always be requested.

Hotel extensions, adding an extra day or days at our selected accommodations can be arranged but have to be requested in advance.

#### Selected hotels:

- Day 1. Hotel Rural Los Nogales. Pozo Alcón.
- Day 2. Hotel Hospedería del Zenete. La Calahorra.
- Day 3. Hotel Tío Tobas. Alcudia de Guadix.
- Day 4. Hotel Alquería de Morayma. Cádiar.
- Day 5. Hotel Finca Los llanos. Capileira.
- Day 6. Hotel Casa del Capitel Nazarí. Granada.
- Day 7. Hotel Casa del Capitel Nazarí. Granada.









#### **MEALS**

Breakfast included.

Outdoor Picnic included. We organize outdoor picnics with a great variety of local products.

Dinner is included on days 1, 2, 3, and 4.

We organize the first and the last dinner which is not obligatory, however always fun to get to know each other on the first day, and special to get together on the last evening.

#### **GROUP SIZE**

The group size ranges from 8 to 15 people.

Small group travel allows people to feel freedom, to go at their own pace, get to know their travel companies, and also benefit from their leader's knowledge.

#### PRIVATE TRANSFER

Airport transfer Granada or Málaga.

Train station Granada or City Granada.

Luggage transport; we make sure that all luggage has been delivered between the accommodations.

#### PACK LIST

Weather is important to consider while packing for your cycling vacation. Your packing list is based on your own comfort and sensitivity. The best way to travel and to be outdoors is to layer your clothes. Highly recommended as the best way to stay warm and keep cool, as the weather is bound to change on a multi-day bike tour.

Bicycle Checklist:

Water bottle (provided by us)

Sunglasses

Sunscreen & lip balm

Bike helmet (provided by us)

Cycling jersey or sport shirt (Long sleeve and short sleeve)

(Padded) cycle shorts or comfortable pants or shorts

A sweater or fleece (extra layers for cooler climate "thermal")

Rain jacket

Comfortable shoes ¡Not recommended to cycle with open shoes or sandals!

Sports socks (quick dry)

Sunhat

Neck warmer (buff)

Gloves

Extra pair of shoes

Extra casual clothes

Swimsuit

**Passport** 

Travel Insurance

#### **ESSENTIAL**

Visa and Passport ¡DUBBLE CHECK! Some nationalities should consult if a visa is required to enter Spain.

Travel insurance. It is your responsibility to arrange appropriate travel insurance ¡DUBBLE CHECK! Ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country.

Cycle helmet. It is a legal requirement in Spain to wear a helmet. In case of an accident resulting in personal injury, certain insurance policies are invalidated in cases where a helmet was not being worn.

Dietary restrictions/food intolerance. Please let us know!

Accommodation: single-room option. Private rooms can be booked at an additional cost for those who do not wish to be shared with other group members. Due to the limited capacity of the hotels, a single room must always be requested in advance or hotel extensions, adding an extra day or days at our selected accommodations can be arranged but have to be requested in advance.

Trip details. Any update about your trip will be immediately sent by e-mail. Shortly before departure, we will send you the latest update including group details – the number of travelers, couples, and solo travelers, and the age range of the group. For privacy reasons, we don't give any personal details.

#### BOOKING CONDITIONS

After booking, you will immediately receive an invoice payment of the minimum deposit of 20% of the total trip price to secure your booking. This amount must be paid right away after receipt of the invoice.

The total trip price must be received by us no later than 60 days before departure. If the balance is not paid by the due date, we treat your booking as canceled and cancellation charges apply.

The client needs to take adequate valid travel insurance at their own cost to book the tour and ensure they have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake during the trip. (mandatory) Bike Tour Granada will not provide any assistance in obtaining any insurance.

The client acknowledges and agrees that his/her signature on this agreement means that he/she has read and understands all of the terms and conditions of the Cycle Journey Granada.

#### CANCEL POLICY

The client has the right to cancel the tour in writing and signed. Once we receive your notice, the cancellation will take effect. How to Cancel Your Tours:

- Write an e-mail to mike@biketourgranada.com
- After you have canceled your tour, your deposit will be returned to the same account that you have made the payment. The returned amount depends on the cancellation charges. Bank charges will be deducted.

Please note that the following charges will apply to cancellation:

- If cancellation takes place more than 60 days prior to departure, your full deposit will be returned.
- If canceled up to 60 days before departure, 10% of the total trip price.
- If canceled from 60 to 45 days before departure, 20% of the total trip price.
- If canceled from 45 to 28 days before departure, 50% of the total trip price.
- If canceled from 28 to 14 days before departure, 75% of the total trip price.
- If canceled less than 14 days before departure, 100% of the total trip price.

You will be entitled to a full refund of the total trip price if we are not able to guarantee your trip by not having a minimum group size. If a cancellation has to be made, we will inform you immediately and notify you of cancellation not less than 60 days before the start of your trip.

You will be entitled to a full refund of the total trip price because of extraordinary circumstances meaning warfare, significant risks to human health, or a natural disaster such as weather conditions, which make it impossible to travel safely.





Get ready to create new experiences!